

If you have never been to the Powerhouse before please call 0207 366 6336 to meet the staff before joining the group

Group Sessions Mondays:

10am till 12pm

1 pm till 3pm

Group Session Wednesdays:

10am till 12pm

1 pm till 3pm

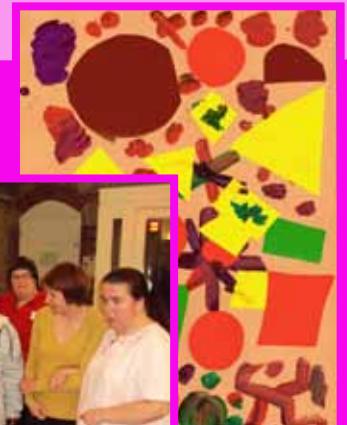
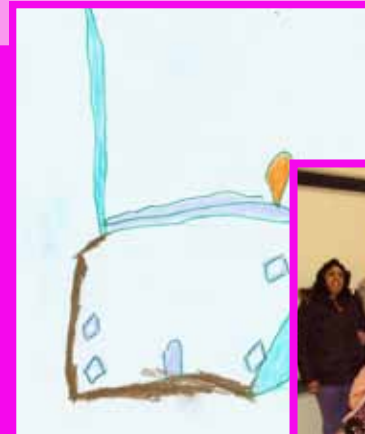


St Luke's Community Centre
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London E16 1HN
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www.thepowerhouse.org.uk

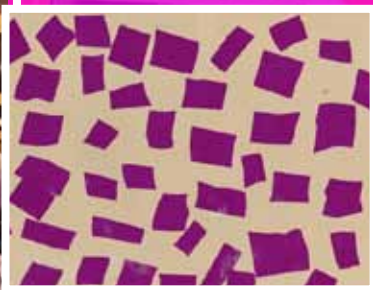


We learn new things through group work, art, role play, training and healthy living sessions



www.thepowerhouse.org.uk

We make new friends, gain living skills and go on trips to different places, like art galleries, clubs and more!



We also go to meetings in the community to advocate and speak up for women with learning difficulties!



The Powerhouse runs group advocacy sessions to empower women with learning difficulties to make choices and gain life skills